



# THE NEW AHMADI MUSLIM NEWSLETTER (UK)



## Holy Qur'an 2:22, Al Baqarah

**“O ye men, worship your Lord Who created you and those who were before you, that you may become righteous;”**



### The Friday Sermon

*Excerpts from Friday Sermons delivered by Hazrat Mirza Masroor Ahmad (aba), the fifth Khalifa (successor) to the Promised Messiah (as) and the supreme head of the Ahmadiyya Muslim Community.*

### Message from 'National Additional Secretary Tarbiyyat & Waqf-e-Jadid for New Ahmadi's'

Assalaamu Alaikum Wa RahmatAllahi Wa Barakatahu,

It is our great pleasure to bring you another 2024 edition of the New Ahmadi Muslim Newsletter. We pray that this newsletter is of value to all new Ahmadi's and helps you to strengthen your faith, come close to Allah Almighty, and follow the beautiful practice (sunnah) of the Holy Prophet Muhammad (peace be upon him).

The theme of this month's newsletter is:

'Salat (prayer)'. Features include Hadith and sayings of the Promised Messiah<sup>as</sup> about salat as well as videos regarding the topic.

If you have any comments or feedback, please send them via the email provided at the bottom of this newsletter. May Allah Almighty bless you all abundantly.

With a humble request for prayers,

Wasalam (with peace),  
Jonathan Butterworth

## THE IMPORTANCE OF SALAT

### THE QURAN AND HOLY PROPHET<sup>SAW</sup>

The first commandment in the Holy Qur'an is to worship so that we can attain righteousness.

[\(commentary, ch2 v 22\)](#)

Abu Ayub Ansari<sup>ra</sup> relates that a man said: "Messenger of Allah, tell me that which cause me to be admitted to Paradise and will keep me away from the Fire. He answered: Worship Allah and do not associate anything with Him, observe Prayer, pay the Zakat and join the ties of kinship." *(Bukhari, Kitabul Adab)*

Abu Hurairah<sup>ra</sup> relates that the Holy Prophet<sup>saw</sup>

said: "The first item in respect of which a person would be called to account on the Day of Judgment will be 'Prayer'. If that is found in order, he would be successful and prosper, but if that is not in order, he would be ruined and lost. In case of a shortcoming in his obligations, the Lord of honor and glory will say: Look, if among the voluntary acts of My servant there is anything that would make up his shortcoming in respect of his obligations. All his obligations would be checked up in that manner." *(Sunan al-Nasai, Kitab al-Salat, Hadith 466)*

[Daily Prayers, The Ahmadiyya Gazette, September/October 1996](#)

## THE PROMISED MESSIAH<sup>AS</sup>

### HOW TO ATTAIN THE PLEASURE IN SALAT

The Promised Messiah<sup>as</sup> has taught us a very simple method for attaining the pleasure in salat. He said that "one should bring about such an expression on their face as if they are crying. When a person physically displays certain facial expressions in order to reflect a particular emotion, then those intended emotions begin to develop from within the heart as well.

Therefore, when a person displays an expression of one who is crying and, whilst reciting Surah al-Fatihah, continues to repeat and ponder over the words 'Thee alone do

we worship and Thee alone do we implore for help' then soon one will genuinely begin to cry. When one begins to cry and a state of heartfelt emotions and fervency begins to develop, then one will begin to attain the pleasure and delight from Salat.

Therefore, a person has to display the physical expressions that are required to reach the desired inner state. However, this can only be attained by undergoing a concerted effort and by striving."

[How Can One Attain Pleasure and Delight in Salat?](#)

### Ramadan and Fervent Prayers

His Holiness<sup>aba</sup> said that one of the signs for God's existence is that He does listen to the prayers of the distressed. As such we must bring about this condition within our prayers. Prayers are all we have, in fact it is only through prayers that the state of the Muslim world today can improve. Furthermore, every Ahmadi should understand and strive to establish the condition of distress in their prayers, for it is then that their prayers will achieve acceptance.

Huzoor<sup>aba</sup> quoted the Promised Messiah<sup>as</sup> who said that until one prays constantly in a state of distress, then prayers are not accepted. In fact this state of distress is a requisite for prayers to be accepted. This state connotes that one wholeheartedly understands that there is no other path or way except that of Allah the Almighty. It is when a person establishes this state in their prayers that they will find acceptance.

Huzoor<sup>aba</sup> further quoted the Promised Messiah<sup>(as)</sup> who said that we must pray a great deal in order to be protected. Prayers can protect one like a person who is being chased but is able to find a fort to take

# SPIRITUAL JOURNEY OF THE OBSERVANCE OF PRAYER

## THE FIRST 4 STAGES

There are **seven stages** in the spiritual journey of the observance of prayer. Hazrat Mirza Bashir-ud-Din Mahmud Ahmad, second caliph of the Ahmadiyya Muslim Community has elaborated upon this and states:

“The first stage, below which there is no stage whatsoever, is that man offers his five daily prayers regularly. A Muslim who offers his five daily prayers and does not break in between, acquires the lowest level of faith.

“The second stage in prayer is that all five prayers are offered at the stipulated time. When one offers his five daily prayers on time, he steps to the second ladder of faith.

“The third stage is that the prayer be offered in congregation. By the congregational observance of prayer, man steps to the third ladder of faith.

“The fourth stage is that man observes the prayer whilst understanding its meaning. An individual, who does not know the translation of prayer, should learn the translation and observe prayers. Moreover, one who does know the translation should offer the prayer slowly, until he understands that he has done justice to the prayer.”

[The Grand Exegesis \(Tafsir Kabir, Vol. 6, pp. 135-136\), cited in 'Iqamatus Salat- The Observance of Prayer](#)

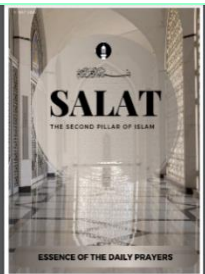
refuge in. Similarly can a person find refuge and safety from Satan through prayers. Hence, it is vital that we focus on offering prayers. His Holiness<sup>aba</sup> said that there are many prayers in the Holy Qur'an, the traditions of the Holy Prophet<sup>sa</sup> those we have learned from the Promised Messiah<sup>as</sup> and the prayers that we offer in our own tongues; all of these are necessary so that we may attain safety and protection from the circumstances that prevail today. His Holiness(aba) urged for those imprisoned due to their faith wherever they may be in the world, that Allah may procure the means for their release. Huzoor<sup>aba</sup> said that may Allah save us and our future generations from the ill effects of war and protect humanity and may Allah enable us to do justice in offering prayer.

**Please note:** The above excerpts are just summaries, please watch, listen to and read the full Friday sermon via the [official website](#) of the Ahmadiyya Muslim Community. You can now listen to podcast of the Friday Sermon in different languages. Please visit [here](#) to find out more.

### Understanding Salāt

A Word by Word Commentary on Salāt

Muradiz-Rizwan Khan



## LITERATURE

### BOOKS OF THE MONTH

Read 'understanding Salāt' [here](#)

Read 'SALAT (The Second Pillar of Islam)' [here](#)



## MULTIMEDIA

### VIDEOS ABOUT SALAT



[Pdf Version](#)



### [Salat Series 1-5](#)

By Majlis Khuddam ul Ahmadiyya

In his Friday sermon on 5 April 2024, Hazrat Khalifatul Masih V<sup>aba</sup> presented a compilation of prayers from the Holy Quran, [prayers](#) of the Holy Prophet<sup>saw</sup> and prayers of the Promised Messiah<sup>as</sup> advocating for their frequent recitation and contemplation.



## CONVERTS ACCOUNT

### BROTHER YUSUF SEAGER

Watch brother Yusuf Seager's story [here](#)



## UPCOMING EVENTS

18-19<sup>th</sup> May 2024

National New Ahmadi Muslim Ijtima (annual gathering)

Please register [here](#)

\*click on 'National New Ahmadi Ijtima 2024'

26<sup>th</sup>-28<sup>th</sup> July 2024

Jalsa Salana UK

## CONTACT DETAILS

U.K. DEPARTMENT FOR NEW AHMADI TARBIIYAT & WAQF-E-JADID

BAITUL FUTUH,  
181 LONDON ROAD,  
MORDEN, SURREY

SM4 5PT

Tel:

02086877843 / 07427750274

E-mail:

[newahmadis@ahmadiyyauk.org](mailto:newahmadis@ahmadiyyauk.org)